

CHECKLIST FOR HOLIDAY DIALYSIS

- Protocol of dialysis including anticoagulation, dialysis access left/right, the dry weight with the residual kidney function and the average and/or max. UF-rate
- Letter including diagnosis
- Current medication
- Virology including HIV and hepatitis (HbsAG, HCV-AK); **not older than 2 months!**
- **PCR-test** not older than **72 hours (3 days) at start of dialysis** or an **Antigen-test** not older than **2 days (48 hours) additionally we recommend covid vaccination**
- Blood type
- Recent lab (blood count, electrolytes; Astrup etc.)
- Intravenous medication given after/during dialysis session - cooled if needed (e.g. iron, erythropoietin, special catheter block solutions if not Citralock 4% can be used (Aktilyse, Taurolock etc.); explicit heparins if enoxaparin (Inhixa, Lovenox) can't be used;
- European Health Insurance Card
- Please tell us a contact number where we can reach you or one of your relatives in your holiday including the name and address of your hotel