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Time we take for ourselves is time
that gives us something in return.

Translated from a German saying

ERNST FERSTL

THERAPY CENTER DR. JILLY

Our focus is on providing the best possible treatments to ensure the healthy wellbeing of our guests. In addition to personalized therapeutic massages, we offer physiotherapy techniques and orthopedic methods. A team of specialists, under the supervision of a medical doctor, is at your service at the Dr. Jilly Therapy Center. Together, we develop your individual treatment plan — for rehabilitative and preventive care. Please note that a doctor's prescription is required for electrotherapy and physiotherapy sessions.

Our tip:

Health Analysis Consultation including
a personalized treatment plan | per person 46,-

We look forward to receiving your inquiry!

CONTACT



+43 4272 2258



reservierung@jilly.at



Alfredweg 5-7
9210 Pörschach

Discover more at our website:



JILLY'S WELLNESS & SPA



TREATMENTS
&
INFORMATION

PRICE LIST

MASSAGES

CLASSIC PARTIAL MASSAGE	25 MIN	62,-
CLASSIC FULL-BODY MASSAGE	50 MIN	124,-
FOOT REFLEXOLOGY MASSAGE	25 MIN	62,-
FACIAL LYMPHATIC DRAINAGE	25 MIN	62,-
LYMPHATIC DRAINAGE	50 MIN	124,-
SPORTS MASSAGE	50 MIN	128,-
HOT STONE MASSAGE	50 MIN	130,-
AROMA THERAPY	50 MIN	128,-
DEEP RELEASE	50 MIN	128,-

COSMETIC TREATMENTS

4D SKIN ANALYSIS SKIN ANALYSIS INCL. MAKEUP FRESH UP WITH DRY SPF	60 MIN	90,-
CLASSICAL COSMETIC TREATMENT INTENSIVE MOISTURE	60 MIN	120,-
CLASSICAL COSMETIC TREATMENT INTENSIVE MOISTURE	90 MIN	149,-
ENVIRON COOL PEELING YOUTH RENEW - MOISTURE BOOST - DEEP CLEANSING - BLEMISH CONTROL - BRIGHT RECOVERY - VIBRANT C	60 MIN	125,-
ENVIRON ELECTRO-SONO ESSENTIAL YOUTH RESET - MOISTURE BOOST - COMFORT CALM - RADIANCE REVEAL - VITAMIN TOUCH	90 MIN	145,-
JET-PEEL TREATMENT	90 MIN	250,-
EYEBROW AND/OR LASH TINTING		25,-
MAKEUP FOR A PERFECT LOOK		
MAKEUP DAY	60 MIN	75,-
MAKEUP EVENING	60 MIN	99,-



TREATMENTS IN OUR THERAPY CENTER

<u>PHYSIOTHERAPY</u>	30 MIN	68,-
	45 MIN	102,-
	60 MIN	136,-
<u>THERAPEUTIC MASSAGE</u>	25 MIN	62,-
	40 MIN	99,-
	50 MIN	124,-
<u>ELECTROTHERAPY</u>		42,-
<u>FANGO</u>	Single body area	42,-
	Two body areas	53,-

WELLBEING AT LAKE WÖRTHERSEE

WELLNESS DELIGHTS FOR YOUR WELLBEING

Our Jilly's Wellness & Spa offers everything you need for a health-promoting time-out. Enjoy deep relaxation and leave everyday stress behind. In addition to our Finnish sauna, our bio-herbal sauna provides soothing warmth. The steam bath invites you to a healthy sweat, while the relaxation room is the perfect place to regenerate. Complement your wellness experience with our fitness program, guided by professional trainers and our physiotherapist. Choose from mobility flow, relaxation techniques, pilates, spinning at the lake and much more.

In our massage and treatment area, you can choose from a wide range of therapeutic options, such as relaxation and medical massages, hydro- and electrotherapy treatments, beauty treatments, or simply fresh air and pure nature at our private bathing beach, located right on the turquoise shores of Lake Wörthersee – an inviting spot to unwind. Whether for an extensive swim or a break on a sun lounger, here you'll find regeneration for body, mind, and soul.

YOUR HEALTH IN FOCUS

A healthy lifestyle is more important than ever. At Seehotel Dr. Jilly, we support you on your journey to greater balance and wellbeing. For us, true luxury means the privilege of experiencing and enjoying life in a state of complete health. With us, you can shape your vacation in a meaningful way, tailored to your individual needs – allowing you to make the most of your stay. Our wide range of health services is designed entirely around your wishes and interests.